



Open Enrollment 6 - Agenda
Thursday, October 25, 2018
9:00 a.m. – 3:30 p.m.

8:30 – 9:00 a.m.	Registration Open
9:00 – 9:10 a.m.	Welcome & Introduction
9:10 – 10:40 a.m.	Insurance Carriers & Plans, State and Federal Policy Updates*
10:40 – 10:50 a.m.	Break
10:50 – 12:15 p.m.	Application Walk-Through, Tips and Tricks, Complex Cases*
12:15 – 1:00 p.m.	Lunch
1:00 – 2:15 p.m.	Self-Care: Taking Care of Ourselves to Sustain the Health of our Communities An overview of self-care and effective self-care strategies
2:15 – 2:30 p.m.	Break
2:30 – 3:15 p.m.	Self-Care: Taking Care of Ourselves to Sustain the Health of our Communities Engagement in self-care activities, individualized self-care plans, and discussion
3:15 – 3:30 p.m.	Wrap-Up

* Session will be recorded